



Multi-County Cancer Support Network

Bedford, Coffee, Franklin, Grundy, Lincoln,
Marion, Moore, Warren

Volume 16, Number 10

October 2009

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*MCCSN is a registered section 501(c)(3)
nonprofit organization.*

The newsletter is published monthly.
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*Information in the newsletter is not intended
to replace medical advice. Consult your
physician before adopting any information
mentioned here.*

Something old – Something new

The something old is the Multi-County Cancer Support Network's website – www.cafes.net/cancernetwork – which had been unattended for some time. The MCCSN staff was most appreciative and quickly accepted a willing, skilled person's offer to revitalize and oversee the site.

Something new about the site is a link to MCCSN newsletters that will give some readers the option of viewing the newsletter on-line, rather than receiving a hard copy in the mail. The on-line method of delivery will help reduce costs for ink, cartridges, paper, labels, and postage. It will save time for the volunteers who copy and prepare the newsletters for mailing.

What to do

Notify the MCCSN office via e-mail – cancernetwork@cafes.net – if you want to take advantage of the website for viewing the newsletter each month.

Do not let MCCSN fall off your radar!

Determine the best way of reminding members of your household or business to view the newsletter at the end of each month; or, to receive a reminder, provide MCCSN with an e-mail address.

Whether receiving the newsletter via e-mail or regular mail, please notify the office if you have an address change.

Again, many thanks to the volunteer, who has chosen to remain anonymous, for recognizing this special way of serving MCCSN and its valued readers.

Everyone is invited

Monthly Support Meeting Thursday, October 1, 7:00pm

Church of the Nazarene
Hwy 41-A, Estill Springs, TN

Speaker: Kathy Finch

Topic: Celebration of Life
Journey with daughter, Ravyn, who
passed away July 11 of this year from
a type of malignant brain tumor

2009 Senior Expo – sponsored by SVEC

The Senior Expo is an annual event sponsored by the Sequatchie Valley Electric Cooperative. Informational speakers, health screenings and door prizes are featured. Activities begin at 8:00am with a soup and sandwich lunch available at 11:30am. Call the local SETHRA office, at least two days in advance, if transportation is needed. SVEC will take care of the cost.

Dates and locations are:

Sequatchie County, October 20
Senior Citizens Center/Old Middle
School Gym, Dunlap

Bledsoe County, October 21
First Southern Baptist Church
323 S. Main St., Pikeville

Grundy County, October 22
Gruetli Laager Community Center
Gruetli Laager

Marion County, October 23
Kimball Church of Christ, Kimball



Please pray for all on the **MCCSN Prayer List**, for their families and friends (please keep MCCSN updated on status of each one!)

<p>Altamont: Joanne Childers Patricia Myers Frances Tate Beechgrove: Leonard Bennett Glenn Ford Peggy Jacobs Bill Logan Morgan Myers James C. Sherrill Beersheba: Hershel & Brenda Perry Bell Buckle: Kathryn Kimmins Belvidere: Barbara Burton Logan Groce Levi Howard Annie Dean King Ralph McGee Lynn Moss Gloria Simmons Clifton: Robert Miles Coalmont: Amanda Bean Cookeville: Stanley Kinslow Cowan: Tim Lewis Ruthie Morrison Willa Wackerle Katherine Wilson Dayton Verenda Skiles Decherd: Wiley Baxter James Champion Tim Craig James B. Davis Richard Gipson Ida Hill Nancy Hopkins Bill Kelley Boston Mantooth Mabel Morris Leslie Kinslow Nard Charles Neely Zina Mirriam Womack Alden Woodall Estill Springs: Joyce Archey Sid Beckham Bob Burt Mary Cathey Polly Culbertson Kuldip Dhillon Gladys Dutz J. E. Hill Mark A. Hill William Ed Jackson Vern & Jean Kalt Rita Kelley Juanita Little Brian McDowell Wanda Morris Elizabeth Peters Vicki Peters</p>	<p>Estill Springs (cont.): Isabelle Rankin Johnny Ray Lynn Robinson Wayne Sanders Elaine Weaver Fayetteville: Becky Bankston Laura Grace Beck Bonnita Coulter Jeanette Keith Joyce Lester Rachel Logan Jean Strobe William Wright Flat Creek: Debbie Fanning Flintville: Jean Hall Megan Walker Gruetli-Laager: Geraldine Davis Christy Honeycutt Hillsboro: Joy Elliott Kathy Webster Leland Whirrell Huntland: Linda Baggett Jason Deaton Kenny Eddens David Garner Benny Hill James Kincherlow Lindsey Knoer Marie Moore Joe Lynn Smith Jasper: Tim Bowlin Allen Cash Delores Cash Brenda Johnson Cody Raulston Kelso: Janice May Lynchburg: Virginia Amacher Molly Johnston Manchester: Jeannie Bowling Ina Brock Martha Buckley Hattie Burse Mary Bush Morris Cox David Fiske James Franklin Bonnie Gallaway Judy Garner Sarah Hale Barbara Hall Gary Hall Mary Ellen Hawthorne Gene & Lois Holmes Andy Johnson Jess Lewis, Jr. Carolyn Lusk Ruth Mankin</p>	<p>Manchester (cont.): Tony Morris Nancy Orange Victoria Rigney Connie Sargent Erskine Sanders Gerald Adair Sinkfield Jean Waits Sharon Walker Frederica Williams Harlan Williams McMinnville: Carolyn Ashburn Hunter Bernhardt Donna Deland Connie Holt Monteagle: Doris Guyear Samuel Lee Thomas Morrison: Carolyn Swann Murfreesboro: Mike Holstead Nashville: Michelle Bush Mike Matheny Normandy: Edna Brazier Robbie Sheffield Rock Island: Sandra Grissom Sewanee: Erica deGrasse Janet Jacobs George Sargent, Jr. Dolores Snowden Clifford Tomes Linda Faye Weaver Shelbyville: Penny Barnes De De Bird-Reed Barbara B. Brown Danielle Crosslin Alice Davis Allen DeCosta Debbie Fanning Sammie Farris Cara Lee Francis Porter Hardison Mike Head David Knight Dale Lovvorn Clarice Mallard Frank Mantanona Louise McAlister D. Richard McKamey Johnnie McCoy Lori Mitchell Sue Morphis Marilyn Phillips Lisa Pigg Lisa Renegar Debbie Rogers James R. Smith Karen Smotherman Ezralee Swing Carolyn Thomas Loretta Trust</p>	<p>Shelbyville (cont.): Betty Turner Retha Vogel Smithville: Katasha Leggett Barbara Morris Tracy City: Reba Cash Glen Church De De Henley Ralph Jones Gloria McFarland Betty McGovern Alphene Nunley Sue Parson Dava Scott Marie Turner Tullahoma: Stan Alexander Barbara Allen Wendy Batson Kate Bratcher James Huston Brown Kay Choate Billy Glenn Clark Mary Ruth Clark Bette Davis Carol Davis Nancy Davis Woody Dorrell, Jr. Juanita Dunlap Dot Elam Margie Evans Carolyn Farrar Dorothy Ferguson Billy G. Floyd Judy Gilliam Patricia Hardy Lisa Kay Hayes Mary Hice Carol Hogan Carol Holt Udeyne Hopper Edna Jackson LeRoy Jenke Eloise Johnson Eric Johnson Dawn Kane George Knoer Viva Mansfield Carolyn Michael Sherra Miller James W. Moore Ray Morgan Jayron Morris Alan Pegram Melinda Peterson George Rutland Becky Snell Joyce Stafford Amy Thomas Cheryl Underwood Peggy Underwood Michele Weddington James Yates Viola: Mary Alice Gamble</p>	<p>Wartrace: Nancy Glutch Debbie Hargrove Whitwell: Vera Bearden Chris Caldwell Jacob Caldwell Winchester: Josh Anderson Rebecca Baker Lucille Barker Bill Bland Doris Brock Thomas Brown Pam Burton Emily Carson Charles Thomas Clark Linda Commons Teresa Darvin Treica Davis Robert Everett Jackie Finney Donald Gipson Jo Ann Golder Linda Goodman Betty Hill Connie Hill Raymond Hinshaw Edward Horton Janet Hudson Mike Hunt Patty Johnson Brenda Lines Richard Lockmiller Sunnye Mantooth Martha Moran Barbara B. Morris Cora Morris Sherry Peacock Edith Pate Wil Price Kim Ray Delbert Reed Kyle Reed Donna Sanders Dwight Schultz Helga Shockley Mary Steele Sandra Stewart Roy Tankersley Mitchell Tucker Woodbury: Jerry Franklin Roberta Hill Alabama: Lynda Kircles Florida: Tammy Bess Vince Lee (Tampa) Georgia: Angie Rutland Ohio: Frank Toparis Texas: Mary Pack <hr/>Katie Gossett Malinda Pugh</p>
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16th Annual Walk-A-Thon a huge success!

On behalf of all the directors and officers of MCCSN, I cannot thank everyone enough for all you did to make this year's Walk-A-Thon a success. Because of the teams, candles, concessions and donations, we have approximately \$90,000.00 to continue our financial assistance to cancer patients in the eight-county area who are undergoing treatments for their disease. From God blessing us with awesome weather to entertainment, doves and the smell of hamburgers and 'dogs' cooking, to THE most important, seeing all those Survivors making that first lap, everything was simply perfect! For now all I can say again is THANK YOU to everyone who participated in some way to make this year's Walk-A-Thon the huge success it was!

— Cile Alexander
MCCSN President

Some Walk-A-Thon results

Engraved plaques were presented to:

1. The first team to sign up:
Baker Bros Drug Co, Manchester
2. The family team with the most contributions:
In Memory of Ken Smith of Shelbyville
3. The corporation with the most contributions:
Tennessee Apparel, Tullahoma
4. The church with the most contributions:
Oaklawn Baptist, Winchester
5. The most enthusiastic team:
Greenhaw Baptist Church

The American flag flown at this year's Walk-A-Thon went to Ed Spencer (more on this next month). Winner of the Material Girls' *Sunny Skies* quilt was Estill Spring's Darlene Judge.

Congratulations everyone and thank you again, Quilters!

Acknowledgment received

I want to thank the MCCSN for taking care of Dona's rent & utilities last year. You paid these needs for many months. We appreciate everything you do. She was a fighter & fought the cancer for 2 years.

Thank you, Michelle Sutton

Deepest sympathy

to the families who have lost loved ones, including the family of
Dona Crossland Gipson



"He will wipe every tear from their eyes." – Revelation 21:4 (NIV)

Donations received

Dinah Agnew
B & M Properties Benefit Trail Ride
at Riverbend Farms
JC Byrd
Linda L. & Johnny W. Carr
Vearl Feller
Anna B. Garforth
Doris Guyear and Vanessa Rawlings
J & J Garage
J. D. Spencer
Take A Kid Fishing Rodeo
(sponsored by WalMart and WCDDT)
Mary Thorn
Wesley Heights United Methodist
Women

Thanks to each one from MCCSN

*"It is only in the giving of oneself to others that we truly live."
– Dr. Ethel Percy Andrus*

Honorarium received

In Honor of Janet Torstenson
by Dona Perkins & Pat Blair

Monteagle establishment sponsors benefit for MCCSN

Monteagle Inn Bed & Breakfast
and Retreat Center

announces their

"WINE AND DINE FOR THE CURE"
Benefit

What: A wine tasting with
hors d'oeuvres and
silent auction

When: Saturday, October 3, 4-7pm

Where: Monteagle Inn Bed & Breakfast
and Retreat Center
204 West Main Street
Monteagle, TN

Why: To raise funds to support
MCCSN

Enjoy over 30 different wines from around the world and delicious chef's creations while you support this important organization. Silent auction items include gift certificates from restaurants and merchants as well as items from artists, individuals and merchants from the eight-county area.

Tickets are only \$30 and should be reserved in advance. For more information, call Monteagle Inn at 931-924-3869 or 1-800-497-4322, MCCSN.

Also, check out these websites:
www.cafes.net/cancernetwork and
www.monteagleinn.com.

Come join us and have a wonderful time while raising much needed funds for a wonderful cause that serves so many.

Newsletter folding

Tuesday, October 27, 9:00am

Thank you, Volunteers

**MCCSN
PO Box 225
Winchester, TN 37398**

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RETURN SERVICE REQUESTED

MAIL TO:



Memorials received	Memorials received	Memorials received
<p>In Memory of Richard P. Besancenez by Dorcas Rebekah Lodge # 88</p>	<p>In Memory of Hubert Oscar Grant III by Barbara R. Grant</p>	<p>In Memory of Mary E. Morris by Dottie Darnell Brenda & William Morris</p>
<p>In Memory of John Michael Carroll by Mr. & Mrs. John T. Carroll</p>	<p>In Memory of Michele Marie Clouse Hill by John & Michelle Sutton</p>	<p>In Memory of Harry Norman by Sara Norman</p>
<p>In Memory of Robert (Bob) Carter by Carol & Sam Dougherty Henry & McCord</p>	<p>In Memory of Stephanie Howell by Lana & Ed Sims</p>	<p>In Memory of John L. Partin by Inez Partin</p>
<p>In Memory of Steve Cunningham by Virginia Cunningham</p>	<p>In Memory of John T. Huddleston by Charlene Huddleston</p>	<p>In Memory of Jackie Rose & David Bean by Richard Bean</p>
<p>In Memory of Jewel Eaker by Star & Bob Eaker</p>	<p>In Memory of Eloise Johnson by Vicki & David Haddock Harton Hospital Auxilliary Stephenie & Jim Swann, Stephen & Jedd Sue Walton & family</p>	<p>In Memory of Jonathan Smith by Gospel Tabernacle Baptist Church</p>
<p>In Memory of Glendon Gattis by Virginia Cunningham Cortney & Daniel Hardin and Melba McBride</p>	<p>In Memory of Gary Metcalfe by Rex Durham Nancy Metcalfe Holt Dale Metcalfe Hoover & Hilda Metcalfe Nellie Scanlen</p>	<p>In Memory of Ken Smith by Billie Overcast</p>
<p>In Memory of Dona Crossland Gipson by AEDC -704TH TG/CC Brooksie Davis Leonard Jackson Bobbie Jones Martha A. Jones Eva Whaley</p>	<p>In Memory of Gary Metcalfe by Rex Durham Nancy Metcalfe Holt Dale Metcalfe Hoover & Hilda Metcalfe Nellie Scanlen</p>	<p>In Memory of Mike Stewart by Sara & William Sisk</p> <p>In Memory of Rodney Tate by Ceree J. Eberly Lessie Miller</p>
	<hr/> <p><i>"Autumn is a second spring when every leaf is a flower." – Albert Camus</i></p>	<p>In Memory of Margie Weaver by Don Weaver</p>